

YOU'VE HEARD IT SAID



LifeGroups



Key things you heard

- You can find and rebuild your faith after experiencing doubt.
- Our faith can unravel for many different reasons, but the process of rebuilding can look similar.
- As you rebuild your faith, consider the foundation you're building upon. Finding ways to connect with God, recognize His goodness, and trust Him are great places to start.
- Trusted relationships can help you walk through your doubts in a safe and healthy way.

Pray: *God, You are always with us, even when we feel far from You. Please remind us of Your nearness today and fill the gap between where we are and where You want us to be. We're leaning into You even more. In Jesus' name, amen.*



Tweetable Moments



A posture of loving like Jesus can often be more impactful than the knowledge of Jesus.



God is with you, even in your doubting and uncertainty.



Say What? Questions for conversation

Icebreaker: When you play games, are you a rule follower or a rule breaker?

- What's your biggest takeaway from the episode?
- When you were a kid, where did you feel safest? How did you know it was safe?
- Have you experienced a time when your faith unraveled? Talk about any fears or hesitations you had in the process.
- Is there a question about God or faith that you're currently struggling with? If so, share about it.
- Think about a difficult situation you've overcome. Looking back, where can you see God's hand at work?
- Who can you talk to about the doubts you're dealing with right now?
- What's one foundational truth you can cling to as you process doubts?



Now Go Do It Resources and next steps

Challenge: Spend time reflecting on God's faithfulness in your past. Cling to these experiences as you continue processing doubts this week.

- If you're not yet in a LifeGroup, find or start one here: www.life.church/lifegroups
- Start the *Doubting God* Bible Plan: www.go2.lc/DoubtingGod
- Watch Pastor Craig's message series, *Doubting God* together: www.life.church/DoubtingGod