

# YOU'VE HEARD IT SAID



LifeGroups



## Key things you heard

- Doubts are not the enemy or opposite of faith. Doubts, handled well, can be a doorway to a deeper faith.
- Common reasons for doubt:
  - Enduring trauma
  - Growing up with a rigid faith
  - Seeing hypocritical behavior from Christians
  - Having theological questions
  - Not moving from cultural or parental faith to personal faith
- **Key Scriptures**
  - Job 13:5-12
  - Psalms 73
  - Matthew 5:3

**Pray:** *God, thank You for meeting us in our doubts and questions. We're so thankful that even when we feel uncertain in our faith, You're still with us. Please guide us and direct us as we search for answers to the questions we have. In Jesus' name, amen.*



## Tweetable Moments

-  We all get to know and experience Jesus in unique ways.
-  Doubts do not disqualify us or make us bad Christians.



## Say What? Questions for conversation

**Icebreaker:** Do you typically process things through logic or emotions?

- What one thing stuck out to you most?
- On a scale of 1-10, where would you rate your current relationship with God? What would it look like to move closer to a 10?
- How could having doubts deepen your faith?
- Read **Matthew 5:3**. Share a time when you felt poor in spirit. What did you learn about God in that season?
- Was there a story that resonated most with you? Talk about any similarities between the stories you heard and your own experiences. What big questions have you wrestled with?
- Have you experienced a time when you felt like you were losing faith? If so, what was that experience like?



## Now Go Do It Resources and next steps

**Challenge:** Have a conversation with someone you trust about the doubts or questions you currently have about God.

- If you're not yet in a LifeGroup, find or start one here: [www.life.church/lifegroups](http://www.life.church/lifegroups)
- Start the *Doubting God* Bible Plan: [www.go2.lc/DoubtingGod](http://www.go2.lc/DoubtingGod)
- Watch Pastor Craig's message series, *Doubting God* together: [www.life.church/DoubtingGod](http://www.life.church/DoubtingGod)
- Read how doubt can build your faith: [www.go2.lc/doubtandfaith](http://www.go2.lc/doubtandfaith)